

Evolution of clinical symptoms of Covid-19 in healthcare professionals treated with *China officinalis*

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ABSTRACT

Background: Homeopathy has been very effective in preventing and treating the symptoms of many viral epidemics since the 19th and 20th centuries. So far, no preventive or curative allopathic medications have been found for Covid-19. The search for therapeutic alternatives such as Homeopathy is essential. Aims: to describe the signs and symptoms of professionals in the health and essential areas after the use of *China officinalis* at two Hospitals in São Paulo and one Hospital in Brasília. Additionally, the evolution of symptomatic cases were compared to the general pattern of the local population. Methodology: The study design was a time series with questionnaire analysis before and after the use of the homeopathic medicine. After approved by the Ethics and Research Committee (CAAE 31802720.0.0000.5442), the homeopathic intervention *China officinalis* 6CH was used in a dosage of six drops per day. Results and discussion: The total of 718 participants was analyzed and 126 (17.5%) showed symptoms which 65.1% of these had a confirmed test for covid-19. Among the symptomatic ones, a total of 24 (19%) evolved with Severe Acute Respiratory Syndrome, although no deaths and admission to the Intensive Care Unit (ICU) were registered. TabNet date of Severe Acute Respiratory Syndrome (SARS) and Flu-like syndrome for the local population were compared to the evolution of symptomatic participants. The symptomatic cases treated with *China officinalis* had a typical clinical course of cases of flu-like. *China officinalis* is supposed to stimulate the self-regulation system, increasing the individual's nonspecific immunity. Conclusion: The results indicate that *China officinalis* 6 CH used by health professionals and essential activities contributed to the health promotion during the coronavirus pandemic.

Keywords: Homeopathy, Medicine, coronavirus, SARS-CoV-2

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